

# Military 5K & 10K London Result list

Nutfield Priory, Redhill 27/03/2010

## Female 5Km

Rank	Name	Team	Start no.	Time	Behind	
1	NOELLE DOUKAS	BMF London	429	31:44	00:00	0
2	JOANNA WINFIELD	BMF London	347	32:12	00:28	0
3	KATE ANSCOMBE	BMF London	362	32:13	00:29	0
4	JAYNE PHELAN	BMF London	338	36:43	04:59	0
5	EMMA COX	BMF London	303	36:56	05:12	0
6	SARAH WYKES	BMF London	466	37:07	05:23	0
7	CHARLOTTE DAY	BMF London	272	37:42	05:58	0
8	AMANDA EATON	BMF London	2491	39:11	07:27	0
9	KIMBERLY HOLZMANN-KR	BMF London	379	39:12	07:28	0
10	SUSAN NORMAN	BMF London	480	39:15	07:31	0
11	ELIZABETH COLEY	BMF London	293	39:51	08:07	0
12	MARTA TORBA	BMF London	404	40:10	08:26	0
13	KENDAL FISH	BMF London	375	40:11	08:27	0
14	MICHELLE HALLETT	BMF London	414	40:36	08:52	0
15	KATHRIN KARNBAUM	BMF London	365	40:56	09:12	0
16	Elizabeth Parnham	BMF London	294	41:02	09:18	0
17	MEGAN SMITH	BMF London	409	41:54	10:10	0
18	CAROLINE DICKIE	BMF London	2651	42:14	10:30	0
19	LESLEY KINNAIRD	BMF London	388	42:16	10:32	0
	PENNY ANDERSON	BMF London	434	42:16	10:32	0
21	FIONA-NICOLE PORTER	BMF London	307	42:23	10:39	0
22	REBECCA SPONG	BMF London	449	42:40	10:56	0
23	LAURA SHIRLEY	BMF London	380	42:41	10:57	0
	KATIE SPONG	BMF London	367	42:41	10:57	0
25	ELISABETH WEBBY	BMF London	292	43:08	11:24	0
26	ANDREA LEACH	BMF London	2501	43:15	11:31	0
	ALAINA STEIGER	BMF London	2421	43:15	11:31	0
28	JUSTINE DWARTE	BMF London	357	43:28	11:44	0
29	REBECCA YEOH	BMF London	450	43:36	11:52	0
30	SARAH COWLISHAW	BMF London	467	43:39	11:55	0
31	HANNAH WYTHE	BMF London	317	43:40	11:56	0
32	RASITA CHUDASAMA	BMF London	448	43:44	12:00	0
	ELENI ROUMELIOTOU	BMF London	290	43:44	12:00	0
34	JO HILLYER	BMF London	345	43:45	12:01	0
35	BECKY SHIMMIN	BMF London	2571	43:58	12:14	0
36	KATE MCGRATH	BMF London	359	44:07	12:23	0
37	LYNSIE MONRO	BMF London	399	44:11	12:27	0
38	LAURA DAVIES	BMF London	381	44:12	12:28	0
39	VIKI SMITH	BMF London	491	44:14	12:30	0
40	SARAH JANE VANSTONE	BMF London	469	44:15	12:31	0
41	LUCY MITCHELL	BMF London	397	44:16	12:32	0
42	MAGDALENA RYS	BMF London	400	44:20	12:36	0
43	JULIET NICOLSON	BMF London	498	44:43	12:59	0

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44	KATHERINE ST CLAIRE-SMBMF	London	364	45:14	13:30	0
45	LOUISE RAMSAY	BMF London	395	45:17	13:33	0
46	KELLY HUDSON	BMF London	373	45:21	13:37	0
47	CARISSA HENDERSON	BMF London	2601	45:22	13:38	0
48	NIKKI WILKINS	BMF London	427	45:36	13:52	0
49	CARMEL O'CONNOR	BMF London	2641	45:41	13:57	0
50	Megan Page	BMF London	410	45:48	14:04	0
51	KATHARINA CONRAD-EYB	BMF London	363	45:49	14:05	0
52	JENNY GROOTHEDDE	BMF London	343	46:19	14:35	0
53	CLARE MONTAGU	BMF London	279	46:31	14:47	0
54	CHLOE MCINERNEY	BMF London	274	46:32	14:48	0
55	KAY DICKENSON	BMF London	371	46:35	14:51	0
	HELEN MILES	BMF London	321	46:35	14:51	0
	ELIN HOLM	BMF London	291	46:35	14:51	0
	KATHY MCINERNEY	BMF London	366	46:35	14:51	0
	ARAUCANA GOTT ZAMMIT	BMF London	2541	46:35	14:51	0
60	BELLA D'ABRERA	BMF London	2581	46:51	15:07	0
	JULIA HORNIG	BMF London	354	46:51	15:07	0
62	KATE FRANCIS	BMF London	360	46:57	15:13	0
	KATE DAVIS	BMF London	361	46:57	15:13	0
64	SALLY LELLIOTT	BMF London	461	46:58	15:14	0
	KIM KELLY	BMF London	378	46:58	15:14	0
66	VICKI COULSON	BMF London	488	47:07	15:23	0
	NATALIA MCDONALD	BMF London	419	47:07	15:23	0
68	SHANI SMITH	BMF London	472	47:08	15:24	0
69	VICTORIA OWEN	BMF London	490	47:09	15:25	0
70	JULIETTE FLOBERT	BMF London	355	47:11	15:27	0
71	CATHERINE BLIGH	BMF London	2691	47:12	15:28	0
72	DELPHINE DELACROIX	BMF London	288	47:13	15:29	0
73	JENNIFER ROBINSON	BMF London	340	47:42	15:58	0
74	NATALIE ROBINSON	BMF London	420	47:44	16:00	0
75	CAT MEYER	BMF London	2671	47:49	16:05	0
76	Meg Knuckey	BMF London	408	48:01	16:17	0
77	JUSTINE POPE	BMF London	356	48:18	16:34	0
78	CLAIRE GILLIGAN	BMF London	277	48:24	16:40	0
79	HELEN SHEILL	BMF London	322	48:29	16:45	0
80	Sophie Thornton	BMF London	475	48:37	16:53	0
81	KERRY MACARTHUR	BMF London	376	48:43	16:59	0
82	SUE THOROGOOD	BMF London	478	48:54	17:10	0
83	JANE COEN	BMF London	337	49:04	17:20	0
	MICHELLE BARBER	BMF London	412	49:04	17:20	0
85	ANGELA SPILLANE	BMF London	2521	49:09	17:25	0
86	CHARLIE LAWLOR	BMF London	271	49:23	17:39	0
87	LISA HARRISON	BMF London	389	49:52	18:08	0
	CLAIRE GRIFFITHS	BMF London	276	49:52	18:08	0
89	EMILY SHERIDAN	BMF London	299	49:56	18:12	0

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90	HELENE GUICHOUX	BMF London	323	50:01	18:17	0
	NADIA ROMDHANI	BMF London	417	50:01	18:17	0
92	GRACE PARRY	BMF London	315	50:04	18:20	0
93	EMMA FERRIS	BMF London	301	50:11	18:27	0
94	JENNIE MACLEAN	BMF London	339	50:14	18:30	0
	CATHERINE O'RIORDAN	BMF London	2681	50:14	18:30	0
96	LOUISE FERRIS	BMF London	394	50:27	18:43	0
97	GAIL BENGHIAT	BMF London	311	50:30	18:46	0
98	SABINA SHAGOIAN	BMF London	460	50:43	18:59	0
99	RACHAEL HELANOR	BMF London	444	51:01	19:17	0
100	ALLIE LANE	BMF London	2471	51:02	19:18	0
101	ABI LINNARTZ	BMF London	2401	51:18	19:34	0
102	SHARON PAGET	BMF London	473	51:20	19:36	0
103	RACHEL SMITH	BMF London	446	51:48	20:04	0
	JOANNA CHAMBERLAIN	BMF London	349	51:48	20:04	0
105	EMMA COYTE	BMF London	304	51:49	20:05	0
	NICOLA MORGAN	BMF London	425	51:49	20:05	0
107	EMMA FARRER	BMF London	300	52:04	20:20	0
	SAMANTHA OAKES	BMF London	463	52:04	20:20	0
	GEORGETTE WALFORD	BMF London	313	52:04	20:20	0
	EMMA WATSON	BMF London	302	52:04	20:20	0
111	JENNY CASSELLE	BMF London	344	52:20	20:36	0
112	LORRAINE PAYNE	BMF London	393	52:21	20:37	0
113	CARLY CELLA	BMF London	2631	52:26	20:42	0
114	CAROLINE CLARKE	BMF London	2661	52:34	20:50	0
	EMILY CHEEVERS	BMF London	297	52:34	20:50	0
116	FRANCESCA RICH	BMF London	309	52:37	20:53	0
117	Laura Llewelyn	BMF London	382	52:38	20:54	0
118	HILARY COLVIN	BMF London	325	52:40	20:56	0
119	ZARAH DAVIES	BMF London	493	52:53	21:09	0
120	LEANNE SMITH	BMF London	383	52:56	21:12	0
121	Holly Thompson	BMF London	326	53:39	21:55	0
122	GARVIE LEANNE	BMF London	282	53:53	22:09	0
123	RACHEL DONN	BMF London	447	54:00	22:16	0
124	TRACIE SMITH	BMF London	486	54:04	22:20	0
125	KELLY WALKER	BMF London	372	54:07	22:23	0
126	LORNA FALCONER	BMF London	392	54:10	22:26	0
127	RACHEL ROWSON	BMF London	445	54:11	22:27	0
128	Florence Laino	BMF London	308	54:14	22:30	0
129	JOANNA TUBBS	BMF London	348	54:41	22:57	0
	Beatrice Appleby	BMF London	2561	54:41	22:57	0
131	KAREN WEETMAN	BMF London	358	54:51	23:07	0
132	Tiffany Wainwright	BMF London	484	56:02	24:18	0
133	EMMA BURMINGHAM	BMF London	305	56:27	24:43	0
134	SOPHIE LLEWELYN	BMF London	474	56:37	24:53	0
135	CLAIRE NEEDHAM	BMF London	278	56:38	24:54	0

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136	NICKI MYDDLETON-JONES	BMF London	424	56:44 25:00	0
137	KATRINA ALLEN	BMF London	369	56:46 25:02	0
138	SUE RADFORD	BMF London	477	57:35 25:51	0
139	REBECCA LONSDALE	BMF London	451	1:01:29 29:45	0
140	EMILY DEY	BMF London	296	1:03:06 31:22	0
141	Naima Latif	BMF London	418	1:04:17 32:33	0
142	Ciara McGuane	BMF London	275	1:04:19 32:35	0
143	HAYLEY CAMERON	BMF London	319	1:11:08 39:24	0
144	JENNY EISEN	BMF London	342	1:11:09 39:25	0
Finished144		Entered: 176	Started: 176		

## Male 5Km

Rank	Name	Team	Start no.	Time	Behind	
1	ALEX MORGAN	BMF London	2441	31:24	00:00	0
2	TRISTAN SHEPHARD	BMF London	487	32:28	01:04	0
3	KEVIN TALBOT	BMF London	377	32:31	01:07	0
4	STEVE BROWN	BMF London	476	33:34	02:10	0
5	PETER FREEMAN	BMF London	438	33:35	02:11	0
6	JOE ACHILLIES	BMF London	350	34:01	02:37	0
7	JAMES WEBB	BMF London	333	34:31	03:07	0
	PAUL HENRY	BMF London	431	34:31	03:07	0
9	NICK MORRIS	BMF London	422	34:57	03:33	0
10	HUNTER STIVENS	BMF London	327	36:25	05:01	0
11	ANTOINE THIBAUT	BMF London	2531	36:37	05:13	0
12	PAUL HURLEY	BMF London	433	36:41	05:17	0
13	MATTHEW WARMAN	BMF London	407	37:26	06:02	0
14	MIGUEL BAPTISTA LOURO	BMF London	415	37:27	06:03	0
15	ROBERT ROTBART	BMF London	456	37:52	06:28	0
16	JAKE SWARBRICK	BMF London	331	38:07	06:43	0
17	Harry Oliver	BMF London	318	38:14	06:50	0
	Richard Gunney	BMF London	455	38:14	06:50	0
19	MOSES ADEYINKA	BMF London	416	38:22	06:58	0
20	VINCENT LE MAUX	BMF London	492	39:52	08:28	0
21	CARL BRADBURY	BMF London	2621	40:32	09:08	0
22	JAMIE KENYON	BMF London	334	40:35	09:11	0
23	TOM MALE	BMF London	485	40:36	09:12	0
24	PAUL APPLEYARD	BMF London	432	40:45	09:21	0
25	NILESH JOSHI	BMF London	428	40:51	09:27	0
26	LUKE DELWICHE	BMF London	398	41:18	09:54	0
27	DANIEL WRIGHT	BMF London	283	41:23	09:59	0
28	ROBERT MILSON	BMF London	457	41:31	10:07	0
29	PETER MORGAN	BMF London	437	41:36	10:12	0
30	RENNIE DALRYMPLE	BMF London	452	41:47	10:23	0
31	IAN MITCHELL	BMF London	328	42:12	10:48	0

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32	LEE RANKIN	BMF London	386	42:15	10:51	0
33	LEE SMITH	BMF London	385	42:27	11:03	0
34	MATTHEW SUDDOCK	BMF London	406	42:40	11:16	0
35	ALEX QUINN	BMF London	2451	43:02	11:38	0
36	ROY JOHNSON	BMF London	458	43:23	11:59	0
37	CRAIG MARSHALL	BMF London	281	43:31	12:07	0
	RIC NICHOLLS	BMF London	454	43:31	12:07	0
39	GEOFFREY HAINES	BMF London	312	43:44	12:20	0
40	MARC SOLLARS	BMF London	401	43:54	12:30	0
41	PETER BRADBY	BMF London	439	45:08	13:44	0
42	DAVID DRAPER	BMF London	287	45:10	13:46	0
	PAUL FARROW	BMF London	430	45:10	13:46	0
44	NIGEL ROUSELL	BMF London	426	45:21	13:57	0
45	ALEXANDER KROLICK	BMF London	2461	46:57	15:33	0
46	Daniel McKenna	BMF London	285	47:16	15:52	0
47	KEN GRINDLEY	BMF London	374	48:38	17:14	0
48	JAMIE JOHNSON	BMF London	336	48:43	17:19	0
49	JON FROUDE	BMF London	352	49:27	18:03	0
50	GERRY WHITTAKER	BMF London	314	49:41	18:17	0
51	GUY BAGLOW	BMF London	316	50:53	19:29	0
52	DANIEL TEPER	BMF London	284	52:30	21:06	0
53	Jack Stone	BMF London	330	55:04	23:40	0
54	Marc Heard	BMF London	402	56:22	24:58	0
55	DERRICK COPELAND	BMF London	494	58:42	27:18	0
56	MARK LONSDALE	BMF London	403	1:01:30	30:06	0
	ALLISTER FRASER	BMF London	2481	1:01:30	30:06	0
Finished57		Entered: 80		Started: 80		

## Female 10Km

Rank	Name	Team	Start no.	Time	Behind	
1	AURELIE CHARDON	BMF London	64	51:56	00:00	0
2	JULIET BERNAYS	BMF London	562	52:24	00:28	0
3	ERIN HUNT	BMF London	199	52:40	00:44	0
4	REBECCA FRETTON	BMF London	808	53:45	01:49	0
5	MICHELLE ROBERTS	BMF London	699	53:47	01:51	0
6	BECKY KINGDON	BMF London	68	54:33	02:37	0
7	CAIT TAYLOR	BMF London	82	55:32	03:36	0
8	KELLY DIGGES	BMF London	578	56:26	04:30	0
9	KIRSTY WRIGHT	BMF London	594	57:09	05:13	0
10	SUSIE JANE	BMF London	939	57:15	05:19	0
11	NATALIE DOBSON	BMF London	708	57:30	05:34	0
12	NICOLA DENNEHY	BMF London	747	58:01	06:05	0
13	KERRY FOLEY	BMF London	582	58:40	06:44	0
14	MARIA GRATSOVA	BMF London	646	58:51	06:55	0

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15	SARAH BIGHAM	BMF London	871	58:59	07:03	0
16	YVONNE ELLIS	BMF London	991	59:10	07:14	0
17	DEBORAH TURNER	BMF London	173	59:30	07:34	0
18	NATALIE WILSON	BMF London	710	1:01:01	09:05	0
19	SOPHIE WATERHOUSE	BMF London	903	1:01:22	09:26	0
20	CLAIRE ROUNDING	BMF London	116	1:01:29	09:33	0
21	VANESSA LEWIS	BMF London	977	1:01:34	09:38	0
22	JODIE PERRY	BMF London	527	1:01:58	10:02	0
23	KARINE VON-ALLMEN	BMF London	567	1:02:41	10:45	0
24	SHANNON HILL	BMF London	882	1:03:33	11:37	0
25	SARAH BAILEY	BMF London	872	1:03:42	11:46	0
26	NATALIE LONG	BMF London	712	1:03:44	11:48	0
	SANDRA HEY	BMF London	861	1:03:44	11:48	0
28	NEESHA FERGUSON	BMF London	715	1:03:45	11:49	0
29	SALLY EASTERBROOK	BMF London	851	1:03:58	12:02	0
30	LOUISE FORBES SMITH	BMF London	625	1:04:03	12:07	0
31	HANNAH ROGERS	BMF London	238	1:04:04	12:08	0
32	DANIELLE CLOVER	BMF London	138	1:04:08	12:12	0
33	JULIA SMITH	BMF London	556	1:04:15	12:19	0
34	MELISSA DODS	BMF London	693	1:04:26	12:30	0
35	SARAH BENJAMIN	BMF London	874	1:04:30	12:34	0
36	NATALIE DALES	BMF London	709	1:04:42	12:46	0
37	PORTIA SPINKS	BMF London	802	1:04:44	12:48	0
38	Julie Simpson	BMF London	561	1:05:03	13:07	0
39	HAYLEY MAYCOCK	BMF London	240	1:05:07	13:11	0
40	REBECCA BORROWS	BMF London	809	1:05:17	13:21	0
41	BECKI SLATER	BMF London	67	1:05:25	13:29	0
42	JENNIFER JOHNSON	BMF London	520	1:05:41	13:45	0
43	Catja Thum	BMF London	93	1:05:56	14:00	0
44	CAT SALT	BMF London	91	1:06:02	14:06	0
45	REBECCA ALLUM	BMF London	811	1:06:22	14:26	0
	NICOLA MORROW	BMF London	749	1:06:22	14:26	0
47	EVA SCHROEDER	BMF London	201	1:06:52	14:56	0
48	AMY WILSON	BMF London	30	1:07:02	15:06	0
	Lisa Boardman	BMF London	617	1:07:02	15:06	0
50	SARAH KERR	BMF London	870	1:07:05	15:09	0
51	JOHANNE DICKERSON	BMF London	534	1:07:06	15:10	0
52	MAY NEL	BMF London	687	1:07:46	15:50	0
53	TANYA KENDALL	BMF London	945	1:07:47	15:51	0
54	KAREN POWELL	BMF London	565	1:07:56	16:00	0
55	NICOLA RAWLINGS	BMF London	748	1:08:06	16:10	0
56	ROMY TENNANT	BMF London	838	1:08:09	16:13	0
57	NOLA BOURNE	BMF London	758	1:08:23	16:27	0
58	LORRAINE MELTON	BMF London	622	1:08:25	16:29	0
59	SALLY DAVENPORT	BMF London	852	1:08:36	16:40	0
60	AMY CREES	BMF London	31	1:08:52	16:56	0

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61	SHULAGH JACOBS	BMF London	886	1:09:09	17:13	0
62	MIRANDA WORTHINGTON	BMF London	704	1:09:13	17:17	0
63	ALEXANDRA GARTON	BMF London	20	1:09:33	17:37	0
64	KATHERINE SMITH	BMF London	570	1:09:37	17:41	0
65	MANDY MUGGRIDGE	BMF London	638	1:09:44	17:48	0
66	MICHELLE SMITH	BMF London	702	1:09:51	17:55	0
67	LUCY MAJURY	BMF London	628	1:09:52	17:56	0
68	JUDY HOLDEN	BMF London	554	1:09:57	18:01	0
69	RACHEL KEELING	BMF London	805	1:10:55	18:59	0
70	Lucy Crossley	BMF London	631	1:10:57	19:01	0
71	SARAH-JANE WAKEFIELD	BMF London	875	1:11:15	19:19	0
72	JACQUI BROWN	BMF London	262	1:11:17	19:21	0
73	ALISON ANSTEE	BMF London	24	1:11:26	19:30	0
74	Wendy-Jane Carter	BMF London	982	1:11:30	19:34	0
75	STEPHANIE GODDEN	BMF London	907	1:11:40	19:44	0
76	CARLYNE FRENKEL	BMF London	87	1:11:48	19:52	0
77	JENNIFER TANKARD	BMF London	519	1:11:57	20:01	0
78	KIMMIE STEGGLES	BMF London	592	1:11:58	20:02	0
	TRACY TAYLOR	BMF London	976	1:11:58	20:02	0
80	OLIVIA COOK	BMF London	767	1:12:08	20:12	0
81	JULIA KELSALL	BMF London	555	1:12:10	20:14	0
82	MELANIE DAMONTE	BMF London	690	1:12:23	20:27	0
83	MAUD TERRAILLON	BMF London	683	1:12:25	20:29	0
84	TANIA ROMEU	BMF London	944	1:12:28	20:32	0
85	LISA GRANT	BMF London	616	1:12:31	20:35	0
86	LYNNE GROSSMITH	BMF London	635	1:12:32	20:36	0
87	STEPHANIE KERR	BMF London	906	1:12:47	20:51	0
88	FAYE BENNETT	BMF London	205	1:12:52	20:56	0
89	CANDICE SIDDLE	BMF London	85	1:13:03	21:07	0
90	EMMA TOWERS	BMF London	195	1:13:04	21:08	0
91	JUSTINE FISH	BMF London	564	1:13:07	21:11	0
92	COLLEEN WILLIAMS	BMF London	123	1:13:21	21:25	0
93	MARIE PICKERING	BMF London	649	1:13:25	21:29	0
	ERIN DAVEY	BMF London	200	1:13:25	21:29	0
	REBECCA WARREN	BMF London	810	1:13:25	21:29	0
96	RACHAEL WEBBER	BMF London	803	1:13:51	21:55	0
97	CAROL STEIN	BMF London	88	1:13:57	22:01	0
98	SUE ESPLEY	BMF London	937	1:14:21	22:25	0
99	NICOLETTE LAX	BMF London	750	1:14:22	22:26	0
100	Imogen Lovell-Smith	BMF London	257	1:14:25	22:29	0
101	ALISON DYER	BMF London	25	1:14:50	22:54	0
102	JULIE KEMPTHORNE	BMF London	559	1:14:56	23:00	0
103	CAROLE JABBOUR	BMF London	89	1:14:58	23:02	0
104	HANNAH TARBYAT	BMF London	237	1:15:02	23:06	0
	VICKY BAXTER	BMF London	980	1:15:02	23:06	0
106	EMMA HAMILTON	BMF London	190	1:15:21	23:25	0

# Military 5K & 10K London Result list

Nutfield Priory, Redhill 27/03/2010

107	EMMA SMITH	BMF London	191	1:15:23	23:27	0
108	MEGAN DENAULT	BMF London	688	1:16:12	24:16	0
109	Laura Kettle	BMF London	598	1:16:17	24:21	0
	EMMA GROSSMITH	BMF London	193	1:16:17	24:21	0
111	TRACEY DIXON	BMF London	975	1:16:25	24:29	0
112	CORINNE MCPARTLAND	BMF London	124	1:16:29	24:33	0
	LIZZY OWEN-PAM	BMF London	618	1:16:29	24:33	0
114	SHARON BURTON	BMF London	883	1:16:31	24:35	0
115	LUCY BOWES	BMF London	630	1:16:36	24:40	0
116	LORNA FLEMING	BMF London	621	1:16:37	24:41	0
117	NATASHA MCMASTER	BMF London	713	1:17:11	25:15	0
118	ELIZABETH WAREING	BMF London	189	1:17:25	25:29	0
119	CAMILLE KASLER	BMF London	84	1:17:32	25:36	0
120	LAURA D'CASTRO	BMF London	597	1:17:34	25:38	0
121	KERRI REID	BMF London	581	1:17:41	25:45	0
122	CLAIRE CLUTTEN	BMF London	115	1:17:42	25:46	0
	NATASHA ANDREWS	BMF London	714	1:17:42	25:46	0
124	GEMMA UTTLEY	BMF London	219	1:18:10	26:14	0
125	SARAH KMIECIAK-THORPE	BMF London	873	1:18:20	26:24	0
126	PAULA BROCKWELL	BMF London	792	1:18:35	26:39	0
127	Emma Pengilly	BMF London	198	1:18:36	26:40	0
128	STACEY WESTBROOK	BMF London	905	1:18:38	26:42	0
129	SARAH ROONEY	BMF London	866	1:18:44	26:48	0
	MICHELLE GANNON	BMF London	700	1:18:44	26:48	0
131	DEVAN DANIELS	BMF London	175	1:19:04	27:08	0
132	HELEN SMART	BMF London	244	1:19:50	27:54	0
133	SARA PRYDE	BMF London	865	1:19:54	27:58	0
134	LEAH PHILBRICK	BMF London	601	1:20:00	28:04	0
135	SARA ALLEYNE	BMF London	864	1:20:01	28:05	0
	DEBBIE SPICER	BMF London	172	1:20:01	28:05	0
137	LILY NEUMEGEN	BMF London	611	1:20:09	28:13	0
138	LUCY PANTON	BMF London	629	1:20:22	28:26	0
139	ROSE CATT	BMF London	841	1:20:27	28:31	0
140	RACHEL MOYO	BMF London	804	1:20:32	28:36	0
141	KAREN SUMNER	BMF London	566	1:20:46	28:50	0
142	SOPHIE HANSON	BMF London	902	1:20:51	28:55	0
143	EMMA COURTNEY	BMF London	197	1:20:52	28:56	0
144	JANE BRADSHAW	BMF London	510	1:21:03	29:07	0
145	KIRSTY COWX	BMF London	595	1:21:15	29:19	0
146	HEIDI MAYES	BMF London	243	1:21:16	29:20	0
	Kirstie Jackson	BMF London	593	1:21:16	29:20	0
148	Louise Tucker	BMF London	626	1:21:39	29:43	0
149	KATE BELSHAM	BMF London	569	1:21:40	29:44	0
150	CHRISTIE DUKE	BMF London	109	1:21:42	29:46	0
151	Margot Millard	BMF London	645	1:21:43	29:47	0
152	DOMINIQUE ASHFORD	BMF London	178	1:21:46	29:50	0

# Military 5K & 10K London Result list

Nutfield Priory, Redhill 27/03/2010

153	VERANNE WILKINSON	BMF London	979	1:22:40	30:44	0
154	Katie Austin	BMF London	574	1:22:54	30:58	0
155	KATIE LLOYD	BMF London	573	1:22:56	31:00	0
156	SAMANTHA DINES	BMF London	856	1:23:21	31:25	0
157	MELANIE BADAIN	BMF London	692	1:23:23	31:27	0
158	LISA BEUZEVAL	BMF London	615	1:23:25	31:29	0
159	TITI OSU	BMF London	954	1:23:34	31:38	0
160	JODIE GRAHAM	BMF London	528	1:23:35	31:39	0
161	JENNIE ROPER	BMF London	516	1:23:40	31:44	0
162	MELANIE WEAVER	BMF London	691	1:23:43	31:47	0
163	HEATHER NOBLE	BMF London	242	1:23:45	31:49	0
164	AILSA DRAKE	BMF London	9	1:24:15	32:19	0
165	MAGGIE CHUTE	BMF London	636	1:24:57	33:01	0
166	JACQUELINE ROLLS	BMF London	261	1:25:13	33:17	0
	CAROLYN HERMON	BMF London	90	1:25:13	33:17	0
168	ALISON HOLLAND	BMF London	22	1:25:19	33:23	0
169	KATHRYN LE GRICE	BMF London	571	1:25:48	33:52	0
170	Gemma Richelmann	BMF London	220	1:25:52	33:56	0
171	LOUISE CLOUT	BMF London	623	1:26:01	34:05	0
172	SAMANTHA SIMMONS	BMF London	858	1:26:07	34:11	0
	LESLEY GLEASON	BMF London	608	1:26:07	34:11	0
174	ELIZABETH STEPHEN	BMF London	187	1:26:46	34:50	0
175	SAM SMITH	BMF London	853	1:26:47	34:51	0
176	ANNE WAREING	BMF London	57	1:27:09	35:13	0
177	NINA MCVEIGH	BMF London	756	1:28:21	36:25	0
178	Lindsay Carter	BMF London	612	1:28:24	36:28	0
	NIKKI KING	BMF London	755	1:28:24	36:28	0
180	Holly Lambden	BMF London	247	1:28:40	36:44	0
181	LUCIE EDMONDS	BMF London	627	1:29:15	37:19	0
	REBECCA HAYWOOD	BMF London	807	1:29:15	37:19	0
183	JOANNA GAWN	BMF London	524	1:29:55	37:59	0
	JO TAYLOR	BMF London	523	1:29:55	37:59	0
185	GEORGIA SLADE	BMF London	224	1:30:28	38:32	0
186	PAULINE TIMMS	BMF London	793	1:30:41	38:45	0
	JULIE PILSWORTH	BMF London	560	1:30:41	38:45	0
188	FATBARDHA BEQIRAJ	BMF London	204	1:30:44	38:48	0
189	ANITA TANNER	BMF London	998	1:31:50	39:54	0
190	MICHELLE SIBLEY	BMF London	701	1:32:26	40:30	0
191	SHARON HOUSE	BMF London	884	1:32:35	40:39	0
192	REBECCA DROUGHT	BMF London	806	1:32:47	40:51	0
193	JOANNE TSE	BMF London	525	1:33:44	41:48	0
194	SARAH MCCREADIE	BMF London	867	1:34:19	42:23	0
195	JENNIFER MORROW	BMF London	518	1:34:20	42:24	0
196	SIOBHAN LANIGAN	BMF London	900	1:34:27	42:31	0
197	SUSIE LATTA	BMF London	940	1:35:17	43:21	0
198	CLAIRE ARBON	BMF London	114	1:35:45	43:49	0

# Military 5K & 10K London Result list

Nutfield Priory, Redhill 27/03/2010

199	JENNIFER SHANNON	BMF London	517	1:48:23 56:27	0
	Finished199	Entered: 276		Started: 276	

## Male 10Km

Rank	Name	Team	Start no.	Time	Behind	
1	ROGER EASTERBROOK	BMF London	836	42:57	00:00	0
2	TOM MORRIS	BMF London	966	44:47	01:50	0
3	WILLIAM GALLEY	BMF London	987	45:10	02:13	0
4	CHRIS FLOYD	BMF London	105	45:30	02:33	0
5	ANDY DODD	BMF London	45	45:34	02:37	0
6	SIMON GOLDSTEIN	BMF London	890	45:56	02:59	0
7	ANDREW CALDWELL	BMF London	39	46:03	03:06	0
8	JEREMY DAVISON	BMF London	522	46:32	03:35	0
9	JASON MEDCALF	BMF London	514	46:48	03:51	0
10	BRENDAN FITZGERALD	BMF London	78	46:54	03:57	0
11	ED RHODES	BMF London	183	47:10	04:13	0
12	Richard Gange	BMF London	826	47:30	04:33	0
13	DAN NELSON	BMF London	132	47:45	04:48	0
14	NICK WILLSON	BMF London	741	48:01	05:04	0
15	DUNCAN JANE	BMF London	179	48:10	05:13	0
16	DUNCAN HEPPELL	BMF London	181	48:17	05:20	0
17	BEN WATERHOUSE	BMF London	76	48:36	05:39	0
18	JAMES DILLEY	BMF London	505	48:37	05:40	0
19	ANDREW DITCHFIELD	BMF London	44	48:38	05:41	0
20	DEKE PEDRICK	BMF London	174	48:45	05:48	0
	RICK HEWLAND	BMF London	828	48:45	05:48	0
22	JONATHAN PENNACCHINI	BMF London	550	48:50	05:53	0
23	TOM ROBINS	BMF London	965	48:54	05:57	0
24	STUART SANDEMAN	BMF London	932	48:57	06:00	0
25	PAUL WHITE	BMF London	787	49:18	06:21	0
26	PADRAIG DONOHUE	BMF London	771	49:33	06:36	0
	MARTIN CLARKE	BMF London	666	49:33	06:36	0
28	Logan Ovenden-Clarke	BMF London	619	49:37	06:40	0
29	Nyron Grant	BMF London	760	50:03	07:06	0
30	John Stanford	BMF London	545	50:29	07:32	0
31	SIMON SCARSBROOK	BMF London	891	50:34	07:37	0
32	ANDREW FUSCHILLO	BMF London	32	50:46	07:49	0
33	SAM BEVAN	BMF London	854	50:51	07:54	0
	NEIL DREW	BMF London	717	50:51	07:54	0
35	GEORGE WOOD	BMF London	222	50:54	07:57	0
36	TOM MARSHALL	BMF London	963	51:04	08:07	0
	RIC BAYLEY	BMF London	815	51:04	08:07	0
38	BENJAMIN WRIGHT	BMF London	77	51:05	08:08	0
39	DANIEL HUDSON	BMF London	134	51:11	08:14	0

# Military 5K & 10K London Result list

Nutfield Priory, Redhill 27/03/2010

40	JOE GOULD	BMF London	530	51:12	08:15	0
41	TOM WOOLLEY	BMF London	960	51:14	08:17	0
42	MARK MENNEAR	BMF London	664	51:16	08:19	0
43	NEIL PRICE	BMF London	722	51:23	08:26	0
44	CHRISTOPHER BEACOCK	BMF London	112	51:27	08:30	0
45	DARREN WARNER	BMF London	143	51:32	08:35	0
	CHRISTIAN TROAK	BMF London	108	51:32	08:35	0
47	STUART YOUNG	BMF London	929	51:33	08:36	0
48	BEN SMITH	BMF London	72	51:49	08:52	0
49	ALEXANDER MITCHELL	BMF London	19	51:57	09:00	0
50	RUPERT GREENHILL	BMF London	846	52:08	09:11	0
	PAUL COOPER	BMF London	785	52:08	09:11	0
52	MARK HARRISSON	BMF London	659	52:11	09:14	0
53	KENNETH MCINTOSH	BMF London	580	52:18	09:21	0
	MICHAEL ENGLISH	BMF London	696	52:18	09:21	0
55	NICK WOOLFITT	BMF London	742	52:39	09:42	0
56	STUART COX	BMF London	933	52:53	09:56	0
57	STUART SALT	BMF London	934	53:11	10:14	0
58	TIM WRIGHT	BMF London	952	53:24	10:27	0
59	MICHAEL CHINN	BMF London	694	53:34	10:37	0
60	HARRY FANSHAWE	BMF London	239	53:38	10:41	0
	TOM COOKMAN	BMF London	962	53:38	10:41	0
	DEAN THISTLE	BMF London	170	53:38	10:41	0
63	JONATHAN COLE	BMF London	548	53:56	10:59	0
64	BEN BISHOP	BMF London	75	54:03	11:06	0
65	MARK BEVAN	BMF London	663	54:04	11:07	0
66	PAUL MANSON	BMF London	789	54:05	11:08	0
67	MAXWELL DIXON	BMF London	686	54:12	11:15	0
68	GARETH PAGE-CLARK	BMF London	213	54:15	11:18	0
69	LIAM FITZPATRICK	BMF London	610	54:24	11:27	0
70	ROBIN HOLMES	BMF London	835	54:26	11:29	0
71	TOMAS SUNGAILA	BMF London	970	54:30	11:33	0
72	NIGE VICTOIRE	BMF London	751	54:32	11:35	0
73	ED PALMER	BMF London	184	54:34	11:37	0
74	ANDREW HOPE	BMF London	37	54:35	11:38	0
	CHRIS MARSLAND	BMF London	102	54:35	11:38	0
76	NOEL THOMPSON	BMF London	757	54:54	11:57	0
77	DAMON WALMSLEY	BMF London	128	54:59	12:02	0
78	CHRIS TAGG	BMF London	104	55:06	12:09	0
79	ALAN EZEN	BMF London	12	55:08	12:11	0
	JAMES YOUNG	BMF London	269	55:08	12:11	0
81	GARETH DUNN	BMF London	212	55:10	12:13	0
	RENZO PROCACCINI	BMF London	812	55:10	12:13	0
	ANDREW FORNI	BMF London	42	55:10	12:13	0
84	YO ABRAHAM	BMF London	994	55:12	12:15	0
85	DAVID HIRSCH	BMF London	154	55:32	12:35	0

# Military 5K & 10K London Result list

Nutfield Priory, Redhill 27/03/2010

86	JONATHAN ARMSTRONG	BMF London	549	55:34	12:37	0
87	DARRELL OSBORNE	BMF London	140	55:38	12:41	0
88	STEPHEN PAYNE	BMF London	917	56:07	13:10	0
89	ROSS BRIDGES	BMF London	843	56:15	13:18	0
90	EWAN GEE	BMF London	202	56:26	13:29	0
91	SCOTT HAYWORTH	BMF London	877	56:29	13:32	0
92	DAVID SAVILL	BMF London	162	56:30	13:33	0
93	GORDON KEMP	BMF London	230	56:39	13:42	0
94	PATT WRANGLES	BMF London	775	56:46	13:49	0
95	LEE HEWETT	BMF London	603	56:52	13:55	0
96	TOM BEVERIDGE	BMF London	957	56:53	13:56	0
97	MARC LUMLEY	BMF London	642	56:56	13:59	0
98	CHARLIE RUSSELL	BMF London	95	57:06	14:09	0
99	PAUL BECKLEY	BMF London	783	57:07	14:10	0
100	NIGEL CUTTS	BMF London	753	57:08	14:11	0
101	ANDREW CORNNER	BMF London	33	57:09	14:12	0
102	ANDY GOLDSMITH	BMF London	51	57:10	14:13	0
103	NIK LUSARDI	BMF London	754	57:13	14:16	0
104	MARK TOLLER	BMF London	655	57:14	14:17	0
105	NICK LATTA	BMF London	739	57:19	14:22	0
106	NEIL ROWSON	BMF London	726	57:24	14:27	0
107	PATRICK BRIGHTMAN	BMF London	774	57:29	14:32	0
	MATTHEW COOK	BMF London	678	57:29	14:32	0
109	A D STEVENS	BMF London	2	57:31	14:34	0
110	IAN FORD	BMF London	252	57:33	14:36	0
111	NEIL STARR	BMF London	727	57:53	14:56	0
112	MATTHEW WOOD	BMF London	682	58:08	15:11	0
113	MATTHEW PHILLIPS	BMF London	681	58:21	15:24	0
114	CHRIS MANTLE	BMF London	106	58:23	15:26	0
115	SIMON CHARMAN	BMF London	898	58:27	15:30	0
116	NICU BABUCIU	BMF London	745	58:34	15:37	0
117	H Hussain	BMF London	236	58:37	15:40	0
118	MARK PENNY	BMF London	661	58:39	15:42	0
119	PAUL VINCENT	BMF London	776	58:45	15:48	0
120	BEN REDDEY	BMF London	73	58:48	15:51	0
121	DEAN PATRICK	BMF London	171	58:52	15:55	0
122	JACOB GRANT	BMF London	259	58:53	15:56	0
	JOHN GRAY	BMF London	540	58:53	15:56	0
124	RICHARD CORNER	BMF London	818	58:54	15:57	0
125	PATRICK LONG	BMF London	773	59:02	16:05	0
	IAN NORFIELD	BMF London	253	59:02	16:05	0
127	SIMON BOI	BMF London	887	59:06	16:09	0
128	SVEN HEUTEN	BMF London	942	59:16	16:19	0
129	DAREN EAGLE	BMF London	139	59:22	16:25	0
	JAMIE KNOX	BMF London	508	59:22	16:25	0
131	JONATHAN HUTT	BMF London	546	59:30	16:33	0

# Military 5K & 10K London Result list

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132	JOHN SAXBY	BMF London	543	59:34	16:37	0
133	RICHARD MANNING	BMF London	825	59:42	16:45	0
134	STUART TRIGWELL	BMF London	930	59:44	16:47	0
135	NEIL SHADE	BMF London	725	59:45	16:48	0
136	JUDD COE	BMF London	553	59:51	16:54	0
137	JAMES REID	BMF London	265	59:52	16:55	0
138	THOMAS NOBLE	BMF London	947	59:54	16:57	0
139	RYAN HILL	BMF London	849	59:58	17:01	0
140	ANDREW SMITH	BMF London	35	1:00:02	17:05	0
	LAURENT GIBBS	BMF London	993	1:00:02	17:05	0
142	ANDY JENKINS	BMF London	47	1:00:05	17:08	0
143	DAVID GRAYCON	BMF London	149	1:00:18	17:21	0
	LEE BODELL	BMF London	602	1:00:18	17:21	0
145	JAMIE PARKES	BMF London	507	1:00:21	17:24	0
146	NICHOLAS MORTON	BMF London	733	1:00:26	17:29	0
147	GAVIN MEGAW	BMF London	218	1:00:29	17:32	0
148	WILLIAM BLEDDGE	BMF London	986	1:00:33	17:36	0
149	ANDREW CRAVEN	BMF London	43	1:00:40	17:43	0
150	Oliver Cox	BMF London	766	1:00:43	17:46	0
151	EAMONN FOY	BMF London	182	1:00:47	17:50	0
152	NICK BEACH	BMF London	740	1:00:55	17:58	0
153	TOM GOOLD	BMF London	964	1:01:05	18:08	0
154	BARRY SHACKLETON	BMF London	65	1:01:07	18:10	0
155	JAMES MCPARTLAND	BMF London	502	1:01:11	18:14	0
156	SEAN KELLY	BMF London	881	1:01:13	18:16	0
157	SAM WINKWORTH	BMF London	855	1:01:15	18:18	0
158	GEOFF HIRCOCK	BMF London	221	1:01:16	18:19	0
159	CHRIS NORFIELD	BMF London	107	1:01:17	18:20	0
160	LEE BROWNE	BMF London	606	1:01:21	18:24	0
161	STEVEN JOLLY	BMF London	926	1:01:22	18:25	0
	RUSSELL TODD	BMF London	848	1:01:22	18:25	0
163	ALEX WESTROPE	BMF London	16	1:01:24	18:27	0
164	MATT COOK	BMF London	676	1:01:26	18:29	0
165	JAMIE FAWKE	BMF London	509	1:01:29	18:32	0
	TINA RAMSBOTTOM	BMF London	953	1:01:29	18:32	0
	STUART WEBSTER	BMF London	931	1:01:29	18:32	0
168	DAVID BLYTHE	BMF London	158	1:01:34	18:37	0
169	KEVIN MILES	BMF London	585	1:01:36	18:39	0
170	SANDY CASE	BMF London	862	1:01:37	18:40	0
	NEIL SMITH	BMF London	719	1:01:37	18:40	0
	NICHOLAS BRIDLE	BMF London	731	1:01:37	18:40	0
173	JOE BONFANTE	BMF London	531	1:01:47	18:50	0
174	JULIAN CAREY	BMF London	558	1:01:57	19:00	0
175	CORRIE LAMONT	BMF London	125	1:02:08	19:11	0
176	ANTHONY DAVIES	BMF London	58	1:02:11	19:14	0
177	Robert John Kennedy	BMF London	834	1:02:12	19:15	0

# Military 5K & 10K London Result list

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178	LEE PIERSON	BMF London	604	1:02:19	19:22	0
179	BEN LYNCH	BMF London	71	1:02:27	19:30	0
	DOMINICK MOXON-TRITSCBMF London		177	1:02:27	19:30	0
181	JOHN O'BRIEN	BMF London	542	1:02:41	19:44	0
182	ALAN CRAWFORD	BMF London	13	1:02:49	19:52	0
	FABIAN BULL	BMF London	203	1:02:49	19:52	0
184	MARC SACKS	BMF London	643	1:02:54	19:57	0
185	RICHARD BRADFORD	BMF London	823	1:02:59	20:02	0
186	LAURENCE SHACKLETON	BMF London	600	1:03:01	20:04	0
187	IAN WELCH	BMF London	254	1:03:05	20:08	0
188	RICHARD TRUSCOTT	BMF London	824	1:03:06	20:09	0
189	RICHARD SUMMERFIELD	BMF London	820	1:03:11	20:14	0
190	MAX HAYDEN	BMF London	685	1:03:20	20:23	0
191	TOM AUDRITT	BMF London	968	1:03:23	20:26	0
192	STEPHEN HERRIDGE	BMF London	908	1:03:29	20:32	0
193	NEIL FITTON	BMF London	721	1:03:32	20:35	0
194	PAUL JEFFERY	BMF London	791	1:03:37	20:40	0
195	LUKE GRIFFITHS	BMF London	632	1:03:38	20:41	0
	STUART STEVENS	BMF London	935	1:03:38	20:41	0
	ANDY JOHNSON	BMF London	49	1:03:38	20:41	0
198	TOMMY WARBURTON	BMF London	971	1:03:39	20:42	0
199	TIM BROWN	BMF London	951	1:03:41	20:44	0
200	MARK VASCO	BMF London	658	1:03:46	20:49	0
	ALEX BUSTAMANTE	BMF London	17	1:03:46	20:49	0
202	THUSHARA GIDDAWA GEDBMF London		949	1:03:49	20:52	0
203	NICK CLIFTON-WELKER	BMF London	735	1:03:50	20:53	0
204	NORTON PRICE	BMF London	759	1:03:51	20:54	0
205	SIMON LEACH	BMF London	893	1:03:55	20:58	0
206	THOMAS FOLEY	BMF London	948	1:03:57	21:00	0
207	KEITH DUKE	BMF London	577	1:03:59	21:02	0
208	ANDREW FRANKLIN	BMF London	41	1:04:04	21:07	0
209	JOEY MONTE	BMF London	532	1:04:08	21:11	0
210	STEVE MELLY	BMF London	920	1:04:09	21:12	0
211	JAMES KMIECIAK	BMF London	270	1:04:11	21:14	0
212	STEPHEN ELLIS-SMITH	BMF London	911	1:04:15	21:18	0
213	WILL DAVIES	BMF London	983	1:04:17	21:20	0
214	William Kebbell	BMF London	988	1:04:18	21:21	0
215	SCOTT METCALFE	BMF London	876	1:04:23	21:26	0
216	MARK STACEY	BMF London	660	1:04:25	21:28	0
217	MARK CHLADEK	BMF London	652	1:04:27	21:30	0
218	TOBY HOLDER	BMF London	956	1:04:30	21:33	0
219	STEVE YATES	BMF London	923	1:04:31	21:34	0
	TAMOUR KHAN	BMF London	943	1:04:31	21:34	0
221	DAVID FITT	BMF London	151	1:04:32	21:35	0
222	PAUL BELSHAM	BMF London	779	1:04:34	21:37	0
223	OLIVER HALL	BMF London	762	1:04:50	21:53	0

# Military 5K & 10K London Result list

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224	JONATHAN CLINT	BMF London	547	1:05:01	22:04	0
225	ANTONY ARCHIBALD	BMF London	61	1:05:20	22:23	0
	BEN FENTON	BMF London	69	1:05:20	22:23	0
227	DAVID ROBINSON	BMF London	167	1:05:21	22:24	0
228	SIMON PATERSON	BMF London	899	1:05:22	22:25	0
	GARY SHAW	BMF London	216	1:05:22	22:25	0
230	CHRIS ROUSELL	BMF London	103	1:05:24	22:27	0
231	James Walsh	BMF London	503	1:05:25	22:28	0
232	MAX TORY	BMF London	684	1:05:26	22:29	0
	TONY PHILIP	BMF London	973	1:05:26	22:29	0
234	RHYS WALLER	BMF London	814	1:05:27	22:30	0
235	Ian Duncombe	BMF London	255	1:05:31	22:34	0
236	JOSEPH DEMPSEY	BMF London	552	1:05:48	22:51	0
237	ANDY STARKEY	BMF London	53	1:05:57	23:00	0
238	KEVIN PAYNE	BMF London	588	1:05:59	23:02	0
239	CHRIS MASTERTON-SMITH	BMF London	101	1:06:00	23:03	0
240	GEORGE BATEMAN	BMF London	223	1:06:06	23:09	0
241	NEIL MISSING	BMF London	724	1:06:12	23:15	0
242	TOM BRITAIN	BMF London	969	1:06:22	23:25	0
243	SIMON HODDER	BMF London	889	1:06:29	23:32	0
	BYRON THOMAS	BMF London	81	1:06:29	23:32	0
245	NICK MCCONNELL	BMF London	736	1:06:31	23:34	0
	DUNCAN BROWN	BMF London	180	1:06:31	23:34	0
247	OLIVER PAINE	BMF London	764	1:06:34	23:37	0
248	DARYL JOSEPH	BMF London	145	1:06:38	23:41	0
249	TOBY REDINGTON	BMF London	955	1:06:40	23:43	0
	HOWARD MORLEY	BMF London	248	1:06:40	23:43	0
251	PAUL HUSDON	BMF London	784	1:06:49	23:52	0
	NICK DOBSON	BMF London	737	1:06:49	23:52	0
253	NEIL MIDDLEMASS	BMF London	720	1:06:54	23:57	0
254	PAUL GANNON	BMF London	781	1:06:57	24:00	0
255	DAVID CRAVEN	BMF London	163	1:06:59	24:02	0
256	JASON DRAKE	BMF London	511	1:07:00	24:03	0
257	DAVID HENEY	BMF London	168	1:07:05	24:08	0
258	CARL BACCHUS	BMF London	86	1:07:07	24:10	0
259	IAIN WATSON	BMF London	251	1:07:11	24:14	0
	JAMIE RUSSELL	BMF London	506	1:07:11	24:14	0
261	ROBERT GROVES	BMF London	831	1:07:22	24:25	0
262	JOHAN VAN DEN BERG	BMF London	533	1:07:46	24:49	0
263	MICHAEL TORY	BMF London	697	1:07:49	24:52	0
264	ROLAND KNIGHT	BMF London	837	1:07:51	24:54	0
265	GRAHAM BEERS	BMF London	232	1:07:58	25:01	0
266	GORDON LECKIE	BMF London	228	1:08:02	25:05	0
267	SIMON NOTT	BMF London	895	1:08:13	25:16	0
268	JACK BUTLER	BMF London	258	1:08:16	25:19	0
269	BRIAN WRIGHT	BMF London	80	1:08:32	25:35	0

# Military 5K & 10K London Result list

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270	PETER TAFLER	BMF London	796	1:08:43	25:46	0
271	KEITH DALTON	BMF London	576	1:08:46	25:49	0
272	Oliver Webb	BMF London	765	1:08:47	25:50	0
273	PAUL DONOHOE	BMF London	782	1:08:48	25:51	0
274	Andy Reik	BMF London	52	1:08:50	25:53	0
275	JAMES SMITH	BMF London	501	1:08:51	25:54	0
276	Jonathan Davenport	BMF London	551	1:08:55	25:58	0
277	Adam Reed	BMF London	6	1:08:57	26:00	0
278	SIMON HODGE	BMF London	894	1:09:06	26:09	0
279	STEPHEN STOTT	BMF London	916	1:09:16	26:19	0
280	JAMES FURLONG	BMF London	268	1:09:31	26:34	0
281	ANTHONY GARTON	BMF London	59	1:09:33	26:36	0
282	DAVID TUNNA	BMF London	150	1:09:36	26:39	0
283	PETER HUTCHINSON	BMF London	797	1:09:41	26:44	0
	GARY PROWLE	BMF London	214	1:09:41	26:44	0
285	DAVID GRAY	BMF London	147	1:09:42	26:45	0
286	David Joad	BMF London	165	1:09:44	26:47	0
287	DANIEL WARREN	BMF London	135	1:09:46	26:49	0
288	Lee Dawson	BMF London	605	1:10:02	27:05	0
	RICHARD LEACH	BMF London	819	1:10:02	27:05	0
290	BEN SMYTH	BMF London	70	1:10:10	27:13	0
291	COLIN STEVEN	BMF London	122	1:10:12	27:15	0
292	MARK LOCKYER	BMF London	656	1:10:15	27:18	0
293	TOM HARVERSON	BMF London	958	1:10:16	27:19	0
294	KRISTIAN DARWIN	BMF London	596	1:10:21	27:24	0
295	MATTHEW TIBBLES	BMF London	677	1:10:22	27:25	0
296	JOHN ROWLAND	BMF London	539	1:10:26	27:29	0
297	STEVE MCLONE	BMF London	925	1:10:31	27:34	0
298	MIKE ALLANSON	BMF London	703	1:10:33	27:36	0
299	WILLIAM BRANUM-WINTER	BMF London	984	1:10:34	27:37	0
300	GLENN STEVENS	BMF London	226	1:10:50	27:53	0
301	NICK RADFORD	BMF London	738	1:10:52	27:55	0
302	MICHEAL TATTERSALL	BMF London	698	1:10:56	27:59	0
303	KEVIN CORBETT	BMF London	586	1:10:57	28:00	0
304	PETE CUFF	BMF London	794	1:11:00	28:03	0
305	ANDY VEASEY	BMF London	50	1:11:02	28:05	0
306	PHILIP GREENE	BMF London	800	1:11:23	28:26	0
307	DANIEL WARD	BMF London	137	1:11:34	28:37	0
308	ASHA LANCASTER-THOMAS	BMF London	63	1:11:40	28:43	0
309	GORDON GLEN	BMF London	229	1:11:51	28:54	0
310	PHIL WALLIS	BMF London	799	1:11:58	29:01	0
311	RICHARD KELLY	BMF London	821	1:12:12	29:15	0
312	JAMES SUTHERLAND	BMF London	267	1:12:14	29:17	0
313	MARK O'GRADY	BMF London	650	1:12:20	29:23	0
314	EDWARD SHARPE	BMF London	186	1:12:27	29:30	0
315	KEITH REID	BMF London	992	1:12:32	29:35	0

# Military 5K & 10K London Result list

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316	MATTHEW HEAD	BMF London	680	1:12:33	29:36	0
317	STEVE JOHNSON	BMF London	924	1:12:35	29:38	0
318	ANWER ISMAIL	BMF London	62	1:12:45	29:48	0
319	ADAM SOLOMON	BMF London	5	1:13:06	30:09	0
320	ROB JOHNSON	BMF London	829	1:13:23	30:26	0
321	DARREN MONCASTER	BMF London	144	1:13:29	30:32	0
322	BRIAN LAKE	BMF London	79	1:13:41	30:44	0
323	SIMON BUNCE	BMF London	896	1:13:46	30:49	0
324	MATTHEW WEST	BMF London	679	1:13:50	30:53	0
325	SIMON CAPEL	BMF London	897	1:13:51	30:54	0
326	MARTIN NAUGHTON	BMF London	670	1:14:00	31:03	0
327	ROBERT GRIFFITHS	BMF London	830	1:14:18	31:21	0
328	MARK NASH	BMF London	653	1:14:22	31:25	0
329	Jason Austin	BMF London	515	1:14:27	31:30	0
330	MATT LEWIS	BMF London	674	1:14:37	31:40	0
331	STEVE EDWARDS	BMF London	922	1:14:45	31:48	0
	STEVE MARTIN	BMF London	921	1:14:45	31:48	0
333	HUW APSIMON	BMF London	250	1:15:01	32:04	0
334	JOHN DARWIN	BMF London	544	1:15:08	32:11	0
335	MARTIN PICKARD	BMF London	671	1:15:13	32:16	0
336	JOHN WILLIAMS	BMF London	536	1:15:33	32:36	0
337	ANDY BIGGS	BMF London	48	1:16:18	33:21	0
338	PAUL MASKELL	BMF London	786	1:16:23	33:26	0
339	KEVIN THOMPSON	BMF London	584	1:16:31	33:34	0
340	DANIEL CONWAY	BMF London	136	1:16:57	34:00	0
341	Owen Evans	BMF London	770	1:17:11	34:14	0
342	David Tribble	BMF London	166	1:18:02	35:05	0
343	ADRIAN BARNES	BMF London	8	1:18:37	35:40	0
344	ADAM BARNES	BMF London	7	1:18:38	35:41	0
345	MARK SIMMONS	BMF London	654	1:18:41	35:44	0
346	BEN HUNT	BMF London	74	1:18:49	35:52	0
347	MARTIN O'BOYLE	BMF London	667	1:18:50	35:53	0
348	CHRIS HARDWICKE	BMF London	99	1:18:57	36:00	0
349	ALEXANDER BAILEY	BMF London	18	1:19:04	36:07	0
350	DARREN WILLIAMS	BMF London	142	1:19:49	36:52	0
351	LEIGH COLLINS	BMF London	607	1:19:55	36:58	0
352	ROBERT CROWHURST	BMF London	833	1:20:15	37:18	0
353	LUKE ST CLAIRE-SMITH	BMF London	633	1:20:28	37:31	0
354	ALF GENCO	BMF London	21	1:20:31	37:34	0
355	DAN CHILD	BMF London	129	1:20:32	37:35	0
356	ALISTAIR GROVES	BMF London	26	1:20:51	37:54	0
	SEAN RAINEY	BMF London	880	1:20:51	37:54	0
358	JOHN ROSE	BMF London	538	1:20:58	38:01	0
359	MARK PARDY	BMF London	662	1:21:02	38:05	0
360	STEVE HARMAN	BMF London	918	1:21:08	38:11	0
361	GRAHAM HIEW	BMF London	234	1:21:11	38:14	0

# Military 5K & 10K London Result list

Nutfield Priory, Redhill 27/03/2010

362	JOHN COWX	BMF London	541	1:21:14	38:17	0
363	DAN BUDD	BMF London	130	1:21:40	38:43	0
364	NICKY DUKE	BMF London	744	1:21:44	38:47	0
365	RICHARD OWEN	BMF London	822	1:22:14	39:17	0
366	RON CREAN	BMF London	839	1:22:22	39:25	0
367	Samual Hamilton	BMF London	859	1:22:38	39:41	0
368	DAVID LAZARUS	BMF London	155	1:22:52	39:55	0
369	STEPHEN PHILIP	BMF London	914	1:22:59	40:02	0
370	ANDREW GOODE	BMF London	40	1:23:09	40:12	0
371	Unknown runner Number 999	BMF London	999	1:23:30	40:33	0
372	NARESH VERLANDER	BMF London	707	1:23:41	40:44	0
373	RYAN EDMONDS	BMF London	850	1:24:57	42:00	0
	IAN CHUTE	BMF London	256	1:24:57	42:00	0
	GARY BROOKS	BMF London	215	1:24:57	42:00	0
	CHRISTINE BROOKS	BMF London	110	1:24:57	42:00	0
377	MALCOLM HICKS	BMF London	637	1:24:58	42:01	0
378	JAMES WOODS	BMF London	266	1:25:03	42:06	0
379	DAVID MICHAEL	BMF London	161	1:25:07	42:10	0
380	STUART BERTRAM	BMF London	928	1:26:00	43:03	0
	TIM ROBINSON	BMF London	950	1:26:00	43:03	0
382	ALAN MCDONALD	BMF London	11	1:26:01	43:04	0
383	ALISTER FULTON	BMF London	27	1:26:57	44:00	0
384	NICHOLAS ALDERTON	BMF London	730	1:27:34	44:37	0
385	MARK SMITH	BMF London	657	1:27:56	44:59	0
386	Keir Thorogood	BMF London	575	1:28:42	45:45	0
387	ANDREW DIONYSIOU	BMF London	38	1:29:36	46:39	0
388	DAVID GAWN	BMF London	156	1:29:53	46:56	0
389	NEIL ROBINSON	BMF London	718	1:29:55	46:58	0
390	KEVIN THOMPSON	BMF London	583	1:30:08	47:11	0
391	AMIT MALDE	BMF London	28	1:33:30	50:33	0
392	GARY LAMONT	BMF London	217	1:34:26	51:29	0
393	JAKE BLACKWELL-HUGHE	BMF London	263	1:35:40	52:43	0
394	AARON STICHBURY	BMF London	3	1:35:44	52:47	0
395	STEPHEN CARR	BMF London	915	1:41:14	58:17	0
396	Unknown runner Number 110	BMF London	1100	1:41:43	58:46	0
DNF	STUART YOUNG	BMF London	936			0
Finished 396		Entered: 492		Started: 492		

Total: Group Count: 797